

SENTINEL

Vol. 1, Issue 1 - Price: £1

"serving St Helena and her community worldwide"

Thursday 29 March 2012

ON THE STARTING BLOCKS

Welcome to the very first edition of The Sentinel newspaper from SHBC



St Paul's Relay runner ready to go at the Primary School Athletics yesterday on Francis Plain. Report on page 25.

15 CHANNEL DIGITAL TV SERVICE FOR ST HELENA

Sharon Henry (SHBC)

Television entertainment on St Helena is set to become more exciting with fifteen new digital TV channels planned to be made available by the end of April.

Cable & Wireless announced last Friday that the upgrade to their new digital television service (DVB-T2) is scheduled to be commissioned next month. This will introduce 24/7 broadcasting of uninterrupted channels. The new TV package is likely to include BBC Entertainment, BBC World, Discovery, Disney, M-Net, M-Net Movies and additional Super Sport channels. M-Net airs the latest US TV series such as CSI, The Closer, Greys Anatomy and The Big Bang Theory. Two separate local TV channels will be allocated to carry local content and when they are not in use they could be linked to live

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OPINION

A FISHY PROBLEM

Les Baldwin

I hope to openly debate (obviously if someone takes part) some controversial subjects over the next few months and trust that you may contribute other subjects as we go through the editions.

I would like to clarify that any opinions that may be voiced in this column are my own and not intended to represent the opinions of any organisation or body that I may represent.

Well now, let us get started with the subject of this first contribution; I have to admit that my opinion on many subjects has changed over the years and I could easily be wrong. The subject is porpoises, yes porpoise not dolphin. When I first arrived here

twenty years ago, my thoughts about the dolphin were limited to the television series "Flipper". This programme dramatised a heroic bottle-nosed dolphin that succeeded in saving lives virtually every week, either directly by saving someone who may be drowning or racing to fetch assistance for someone who was in peril. Yes racing to fetch assistance he would virtually talk to his human friends, with sound and motion and then lead them to the incident. The stories were far-fetched, emotional but clearly fictional and also influential.

My first "dolphin" trip, despite my excitement, failed to reveal any porpoise, I guess because their population was not as high as it is now. My last trip exposed thousands of them, showing off for the people on the boat, putting on a show that drew "wows" from the audience, I remember thinking that tourists would be thrilled. However, I have heard recently that the porpoise is now so confident around the boats that they are interfering with the fish caught on a fisherman's hook. Historically porpoise has been a mainstay of the St. Helenian's diet, in place of expensive meat.

Removing animals from nature's food

chain can have devastating effects on those further down the pecking order. Quite simply nature's way of controlling the population of any species is limiting its food supply, when prime sources of sustenance are exhausted they simply look for an alternative, it seems that alternative may be the fish on the fisherman's hook! Fishermen often complain about porpoise scaring off schools of tuna and upsetting potential bait fish. We need to make porpoise aware of the dangers the boat may possess again. I know there are atrocities carried out throughout the world on some rarer species, but the porpoise is found here in abundance and I do not want to change anything in the way the world does it, I want a minor change locally.

I would like to advocate the potential exploitation of this abundant natural local resource by allowing local boats to catch and land two porpoise per boat per week during the off season, maybe three months of the year. This would provide the local market for the entire year with an old "favourite" and a valued income in harder times for fishermen. If changes in local legislation could be made to accommo-

continued on next page

The Judicial Service Commission

invites Expressions of Interest from persons who would like to be considered for appointment as Members of the Media Standards Commission.

The Media Standards Ordinance, 2011, provides for the constitution of a Media Standards Commission, comprising a President (who will be the Chief Magistrate) and at least two but not more than four Members. The Governor in Council proposes to bring the Ordinance into force as soon as is practicable after the Members have been identified. Appointments are made by the Governor, but he must act in accordance with the advice of the Judicial Service Commission.

The Commission will have power to issue Codes of Practice as to how both written and broadcast media should behave. These will be likely to cover issues such as decency, respecting privacy, and accuracy

of reporting – amongst others. The Commission's other principal function will be to investigate and adjudicate upon complaints made by persons who believe that a media operator has contravened the Codes.

A copy of the Ordinance can be obtained from the undersigned. It should be noted that Councilors and Public Officers are not eligible for appointment.

Expressions of interest should be sent in writing to the undersigned. Please include your full name, date of birth, address, a brief summary of your education, work and other experience; and your reasons for expressing interest. The closing date is: **12th April 2012.**

Yvonne Williams,
Secretary to the Judicial Service Commission
Essex House, Jamestown
Email: legal.officer@legallandlands.gov.sh

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date the local market I am sure it would get overwhelming support from local people and fishermen alike. The allowance I have suggested would have no significant impact on the local population of porpoise and therefore no major foreseen issues for the dolphin trip provider.

I would like to state that I would value comments from locals who understand that porpoise is not dolphin more highly than the more obviously emotional overseas person.

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SENTINEL COMMENT

Darrin Henry, CEO SHBC

So here we go! Welcome to 'The Sentinel'.

It's been 8 months since the SHBC concept was put to me and the challenge to build and shape a new media service from the ground up, firmly captured my imagination. 'It has to be run along the lines of a private business' I was told, which appealed no end to my entrepreneurial sense of adventure. At the time living in London, completely submerged in the modern media lifestyle that's so normal there, it was easy to be inspired: super fast broadband, video calls on my mobile, free city newspapers twice a day, space-age TV billboards propping up buildings, YouTube, 24/7 news, digital audio broadcasts, 5-Live... teenagers travelling across the city while permanently attached to the world of Facebook via the 4 inch screen in their hands!

Back home since December and I'm approached every day by people curious whether this 'new media' will work. Some are worried for me, I can tell. Why step into that breach, I sense.

For me it's an incredible opportunity to make a positive contribution to the Island. I remember as a senior in school on Ascension, our class stayed back an hour later on Tuesdays for current affairs and debate. The concept of 'debate' was alien then to a 12 year old St Helenian boy. It took me a while to get 'the point' of talking through issues we heard on the BBC World News. Our teacher, Chris Royal, would divide the class and have us promote and defend opposing viewpoints.

I intend to establish this style at the core of 'The Sentinel'.

The sometimes brutal approach of the world press would be harmful to our small community. However, small as we are, our issues are just as plentiful and significant to each person. Through reporting for 'The Sentinel' my team and I aim to create a forum that allows and encourages fair and balanced debate of all sides of these issues. A properly informed community will be better placed to decide the course for St Helena to steer.

So, like I said, here we go! Our team, all

quite new to this, have already excelled from a standing start to a first newspaper in just over a month, which I hope you will enjoy reading. It's clear public expectations are mixed, but, hopefully now we are out of the starting blocks the community can now begin to form their own judgements of the value of 'The Sentinel'.



above: crossing the line at Primary School Athletics. report on page 25

Digital TV Service for St Helena *continued from front page*

webcam feeds from locations around the island. The cost to consumers for the new service is still to be finalised, but will be higher than the £26.99 that is charged for the existing three channel offering.

The analogue decoders that TV subscribers currently have will be replaced with digital set-top boxes free of charge by C&W, together with a smart card to enable viewing. (New customers will need to purchase a set-top box). There will no longer be monthly rental charges. The set-top boxes will work with digital and older analogue TV's and include a parental control facility allowing households to put in place their own viewing restrictions. Installation of the set-top boxes will be a simple case of 'plug and play' which can be done by the customers themselves.

A limitation is that only a single channel can be viewed at any one time. The current analogue system allows a household using one decoder to watch multiple channels simultaneously. This will not be possible with the new digital system because of the rebroadcast agreement with Multi-Choice, the service provider. Customers who want to watch different channels at the same time could do this by taking out a second subscription and purchasing a second box.

Adam Yon, Network's Manger told us, 'The DVB-T2 broadcasting is the latest technology used, so for once St Helena is ahead in the game, and will provide a much improved picture quality'. The transmitters have been installed and tested and C&W are now awaiting the final stage of the installation of a centralised control system. This equipment will arrive on the RMS next week ahead of the engineer who will commission the network. C&W are also in licence negotiations with St Helena Government.

Hensil O'Bey, Chief Executive said 'These are exciting times for us and we are demonstrating to our customers and our key stakeholders that we are willing to invest. There is scope to add more as the market grows. The whole advent of the airport has lent itself to a number of things so I would be expecting to see the television broadcast grow.

Inside the **SENTINEL** this week

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SHBC News Team

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NOTICE BOARD



ASCENSION ISLAND GOVERNMENT

VACANCIES

The Ascension Island Government is seeking to recruit suitably qualified and experienced persons to fill the following positions:

Mechanical Fitter (Accompanied Status)

We are seeking to recruit a suitably qualified, experienced and versatile person to fill a position of Mechanical Fitter. The position would ideally suit someone who is seeking a challenge and would like to work with a small compact team in a multi-tasking environment. Duties of the post involves undertaking maintenance of all types of road vehicles and marine engines, carrying out duties as an MOT Inspector, supporting AIG plant & marine operations and stevedore duties.

The successful candidate will be a qualified or experienced mechanic with sound practical knowledge of mechanical diesel and petrol engines. He/she will also have sound knowledge of vehicle fault finding and diagnostic testing and be familiar with Metal Inert Gas (MIG) and Manual Metal Arc (MMA) and gas welding.

Driver/General Operative (Single Status)

Two Boats School has a vacancy for a Driver/General Operative to start as soon as possible. Duties of the post involves driving the school bus on the bus runs and school trips, general cleaning, vehicle cleaning and weekly maintenance, keeping the school grounds tidy, sweeping the playgrounds and courtyard areas, checking fire appliances and other general maintenance tasks as required around the school.

The successful candidate will be able to work well with children and show a lot of patience with them. He/she will need to be able to work on your own using your initiative and work as part of a team with other staff to maintain a high standard of cleanliness and tidiness around the school. He/she will also need to have a clean valid driving licence for the school bus and be prepared to undergo a police or CRB vetting check.

Civil & Grounds Maintenance Operative (Single Status)

The Ascension Island Government is seeking to a suitably qualified and experienced person to carry out the European Union funded EDF10 Roads Project.

The project requires a flexible and enthusiastic individual who is seeking a new challenge and who can work well as part of a team. Due to the phased nature of the works and the project peaks and troughs, the successful candidate will be required to carry out other duties in the building, civils and operatives teams to suit the project plan. As such, additional skills other than roads construction will be an advantage.

The successful candidate must have prior experience in some of the duties set out above. He/she must also have a working knowledge of Health & Safety at Work and good communication skills.

A competitive salary will be paid for all of the above posts. The successful candidates will also receive: rent free accommodation, utility allowances, mid-tour passage/flight, a gratuity on completion of 2 year contract, free medical and primary dental treatment and generous baggage allowances. In addition, the accompanied status post comes with an allowance of £5,593.00 per annum and the single status posts come with an allowance of £2,797.00 per annum.

For further details about the above posts, please contact:

- **Mechanical Fitter** - Assistant Transport Team Leader on telephone number (247) 6361 or email: mark.thomas@ascension.gov.ac
- **Driver/General Operative** - Headteacher of Two Boats School on telephone number (247) 6155 or email: david.blunt@ascension.gov.ac
- **Civil & Grounds Maintenance Operative** – Building & Civils Team Leader on telephone number (247) 6138 or email: robert.anthony@ascension.gov.ac

Application forms and Job Descriptions are available from the Administrator's Office in Georgetown by telephoning (247) 7000 extension 131 or by e-mailing: nicola.dillon@ascension.gov.ac.

Completed forms should be submitted to the Human Resources Adviser by hand/post or on fax number (247) 6152 or e-mail alan.nicholls@ascension.gov.ac by no later than **Friday 13 April 2012**.

NOTICE BOARD

FOR SALE (NEAR HIGH HILL, BLUE HILL)

Freehold property, nestling amongst the trees in the gentle lower slopes under High Hill, overlooking 'Barren Ground' - offering potential for property development in a **housing development area** with breathtaking views and diverse vegetation.

This property and investment stands on 2.4 acres of fertile land and comprises:

a) **Original 6-Room, East-facing Cottage**, built with 50cm thick stone walls to the traditional St Helena design. Unoccupied for some time, planning approval is granted for the removal of this dwelling for site development. **All services (water, electricity & telephone point), are still connected.**

b) **In addition, 2 Very Large Building Plots**, positioned to the front/side of the property & levelled off. **Planning/building regulations approval has been granted** for the construction of a large 3 bedroom bungalow on **one** of these plots & work can commence immediately. Drawings/planning approval copies are available upon request or are available for viewing at the planning dept.

c) With planning approval from A&NRD dept, **considerable work and investment has been made to construct a new independent wide vehicle access via Abbey Vale road.** The gradient part of this new road has also been laid to tarmac. A survey confirms the current satellite coverage will permit, with the appropriate dish, multichannel T.V.



Contact in St Helena Mrs Ivy Ellick 4733
Or in U.K. Mr Keith Ellick 01435 883955

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Why I hold tight to those long lost days of reading with my kids

Lolly Young

With the hype of Book Week still in the air it has got me thinking about those precious bedtime moments that soon get lost when the kids are too big for a cuddle and a story before bed.

For me, some of my sweetest and most endearing moments were bedtime rituals, when baths and teeth brushing were done and when smelling sweetly of soap and still slightly damp from too many bubbles in the bath, my kids snuggled up close for a bedtime story.

There was always a wide choice to choose from, but the same old favourites prevailed. At two it was 'Where's Spot?'. At three: 'The Very Hungry Caterpillar'. At four, the tear jerking 'Dogger' and by the time they turned five and for many years after, Roald Dahl's - 'The Enormous Crocodile' slipped off my tongue with the ease of the writer himself. My kids, now 18 and 20, loved to be read to and they

loved getting lost in the magic of story lands.

I remember one book so vividly now, because my two-year-old nephew asks for it when he comes to stay. 'Nicky's Noisy Night' was a delight for my two 16 years ago and remains one still, for a new generation of youngsters today.

When he comes for a sleepover, my bouncy little nephew crawls into my lap, asks for 'Nicky's Noisy Night' and with thumb in mouth, together we read this charming little book. I read the words: 'Mumma I can't sleep', he turns the pages and lifts the flaps and 'hoots' and 'barks' and 'meows' at the sounds of the noisy night and when we get to the very last page, Nicky's mumma - a wise old cat - whispers to her restless kitty, 'be quiet house, be quiet mouse, be quiet owl, be quiet cat, and be quiet Nicky'. The cue is to lower the voice to barely an audible whisper and one very tired little boy with heavily laden lids will quietly slip off into the land of Nod, holding tightly to his favourite story book - his dreams filled with barking dogs and meowing kittens and hooting owls.

The house is peacefully quiet as I slip him under the duvet, kiss his tiny brow and marvel at the incredible learning journey one tiny little book with a whole lot of reading experiences will give to him - and more so that it takes a mere ten minutes to share this with him.

It is never too early to start reading with kids and to pass it over because there are too many chores to be done

or because one is too tired, is to deprive a child of an educational experience that surpasses no other.

'Nicky's Noisy Night' is simple and never fails to please. It is a charming little book and after 16 years it has resumed its space at the front of our book shelf, ready for two tiny little hands to pull it out and one tiny little boy to get lost in the wonders of reading, even at the age of two.

POLICE NEWS

Sherrilee Phillips (SHBC)

The main reports from the 19th to 25th March included a road traffic accident which happened in Half Tree Hollow last Tuesday. The accident involved a single vehicle and was caused by a health related issue. When accidents are triggered by health conditions the police work closely with the Health and Social Welfare Directorate. The Senior Medical Officer produces a report and a decision is made. The case is being investigated.

Other cases of interest include a report of assault in Sandy Bay that is currently under investigation. On Friday evening the police received a call reporting a 'minor damage only traffic accident'. This refers to a traffic accident between two or more parties where a small amount of damage is done to a vehicle. In cases such as these the correct action to take is an exchange of insurance details and telephone numbers.

Friday night the police received a call regarding an assault at Longwood. A male was arrested on suspicion of Actual Bodily Harm. The case was dealt with appropriately.

Saturday afternoon a male was arrested in Jamestown on suspicion of assault. The gentlemen has been charged and bailed to appear at the Magistrates' Court.

Last week a total of eight parking offences were issued.

Cases will go to the Magistrates' Court on 29th. As a point of interest the Government is employing a full time Chief Magistrate to reside over court in a few months. This new arrangement will mean people spending less time whilst awaiting sentencing.



Children reading at the Public Library

NOTICE BOARD



ASCENSION ISLAND GOVERNMENT

Senior Teacher Primary - Two Boats School

Start Date: 15th August 2012

Two Boats School serves all children on Ascension Island between the ages of 3 and 16. There are approximately 100 children on roll. We can offer you a wonderful teaching opportunity in a fantastic location working with a team of dedicated and supportive staff.

The Ascension Island Government is looking for a new Senior Teacher (Primary), preferably also with the ability to deliver a language or performing arts at Key Stage 3. A committed and enthusiastic teacher with leadership experience in the primary sector, the successful candidate will be accountable to the Headteacher and responsible for:

- Strategic leadership of the school with the head and the Senior Teacher (Secondary)
- Operational management of the primary sector
- Ensuring best possible application of English National Curriculum and EYFS in local context
- Modelling outstanding teaching and leading colleagues' professional development
- Acting as SENCO and CP lead for the primary sector.

The post is offered as either a single or accompanied status contract for two years. Benefits worth up to £50K including salary c £25,000 + food allowance, rent-free accommodation, family healthcare, travel and relocation expenses.

If you would like further information about the post please contact the Headteacher David Blunt by email: david.blunt@tbschool.edu.ac

Application forms and further details are available from the Administrator's Office by telephoning 7000 extension 131 or by e-mailing nicola.dillon@ascension.gov.ac

Completed application forms should be submitted to the Human Resources Adviser by e-mail alan.nicholls@ascension.gov.ac by **Monday 23rd April 2012**.

The School is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau or relevant Police Station.

Alan H Nicholls
Human Resources Adviser

Administration Building
Georgetown
Ascension Island
27 March 2012

Bookworms & Gadget Wizards

Damien O'Bey (SHBC)

Allowing the imagination to break free from the constraints bestowed upon it by everyday life, and entering a new world created by the careful combination of words from a favourite author, is how some would describe a good book.

There is always a member of your family who is a reader, they manage to stealthily remove themselves from a crowded room to a place of quiet, where their minds momentarily drift away in the story told by a book. There is also that person who is extremely knowledgeable, can recite an array of facts, but has never been seen holding a novel for any length of time. They prefer to read magazines or en-

cyclopaedias. Then there is the one who is "down with" all the gadgets, the Ipad, the Net Book, The Kindle. All three members described are only able to enjoy the pleasures provided by books and gadgets because they can read.

Children's Book Week was celebrated on St. Helena from 19th to 23rd March. It is an annual celebration of reading for pleasure for children of primary school age that has been running in the UK for the past 80 years. In St Helena it has been celebrated every other year for the last 20 years. During Children's Book Week, schools and libraries hold events and activities aimed at encouraging children to enjoy reading for pleasure, explore libraries and bookshops, and even start writing themselves.

Book Week 2012 was organised by the public library working group made up of representatives from the public library and schools. Members are Jill Young, Anita Constantine, Tessa Peters, Tina Brady, Elaine Crowie, and Debbie Leo.

Activities for the week incorporated visits to the public library for all primary school year groups. In the library students engaged in different activities. These included quizzes, (designed to encourage children to use library books to find answers), storytelling, (guest readers reading

stories to an audience of captivated students), and craft (making book markers, Easter cards and posters.) The craft element was designed to encourage students to think of the library as a place where you can do more than just borrow and read books. Clutching a book called "How to Draw Dragons", St. Pauls Primary student Ethan Hudson said "I like drawing and the quiz was fun, so far I am enjoying my visit to the library."

Prince Andrew School (PAS) also took part in the celebrations. Activities were integrated into art lessons, but the majority of activities took place in form time and lunchtimes. In art lessons students designed and created book jackets. In form time some students drew posters to promote Book Week whilst others who read, were awarded library tokens. Lunch time 'snack and read' was well attended, students gathered in the school foyer to read and do craft whilst eating lunch. Guest readers were also invited to the school; John Sullivan read Roald Dahl's "Witches" to year seven students.

Book week was a well organised event and for one summery week in March 2012, schools and the library made extra effort to emphasise the importance of reading. But when the buzz created by book week dies away will we still be doing all we can to



In the Public Library during Book Week

encourage people to read? PAS Librarian Anita Constantine informed "the public library working group are planning to organise monthly library visits for Primary Schools and we hope to continue to promote reading in form time and enrichment sessions in PAS."

Librarian Jill Young said, "Quite a few children visit the

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REPORT

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library regularly, and we have regular visits from adults over the age of 30, but we don't get many visitors between the ages of 14-30. This is definitely something we would like to improve on, we have ideas but we have limited space. This morning we had 21 children from Pilling Primary School in the library. It reinforced the fact we need more space. It was hard to find space for 21 small students to do craft. We are trying to encourage more people to use the library, but seating 21 adults would be a much harder task." When asked about the libraries IT facilities "We have the one computer for use by the public, but it isn't connected to the internet. Cable and Wireless are willing to install an internet kiosk and a WiFi hotspot, but we don't have the space to house their equipment. We don't even have space to install more computers."

How can we encourage our youngsters to visit the library and indulge in the pleasures of reading?

Books have to compete in an age where we have seen major advances in technology. Some will say no new piece of technology will replicate the feeling of holding a book, but it is plain to see that books are being swept aside by new media like Kindles and I pads. Rather than resisting and trying to halt technology's advance, let's consider embracing it. If new gadgets allow us to read then they cannot be the evil creatures that the diehard book lovers make them out to be. The online library housed on the internet is much larger and more varied than any traditional library, and we need technology to access it.

Thomas Hickling is an avid user of the PAS library and has received the most book tokens for reading in form time. He said "I enjoy reading but I don't always read books. I have loads of ebooks on my Ipad touch. If the public library had a facility which allowed me to download books to my Ipad I would visit the library more often." Kierah Wade head girl at PAS said "I spend lots of time in PAS library. I use the internet to do research and the library is quiet, it helps me to concentrate and write up assignments. Most of my studies are distance learning based so when I complete my as-

signments they have to be emailed. It is convenient to have an internet connection in the library."

If the library was a place where you could go and download ebooks, had adequate working space for students to use the quiet afforded by the library to write up assignments, and had a comfy seated area where readers could lounge about to read, the Public Library would appeal to a greater range, including the traditional bookworm as well as the gadget king/queen. But trying to fit tables, comfy chairs and IT facilities in the narrow isles between the lofty over crowded shelves of the public library, is a nigh on impossible task. Jill Young said "there have been plans to move the library to the PWD stores building for years but it hasn't happened and I don't know when it will happen." Established in 1813, our library is one of the oldest in the southern hemisphere, but it needs updating. The updates needed cannot be done without adequate space.

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| 1 x Bonnet Cable | 1 x Hand Brake Cable |
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| 6 x Dust Filters | 1 x Clutch Plate |
| 1 x Clutch Plate Cover | 1 x Centre Exhaust |
| 1 x Starter | 1 x Wind Screen |
| 3 x Tyres | 1 x Completed Gear Box |
| 2 x Wind Screen Wipers | 1 x Right Hand Door Wheel Arch |
| 1 x Turbo (Second Hand) | 1 x Right Hand Mirror |
| 1 x Reconditioned Gear Box | |

NOTICE BOARD

ST. HELENA FISHERIES CORPORATION

The St Helena Fisheries Corporation is looking to recruit a General Assistant to work within the company.

The main duties of the post will include:

- The preparation of accounting data for posting to the computer
- The inputting of accounting data to the computerised Sage Line 50 accounting programme.
- The responsibility for the receipt of cash from the Stores, Debtors and Miscellaneous.
- The selling of stock at the Fisheries store in Jamestown.
- The responsibility for cash at the store in Jamestown.
- To source alternative suppliers of chandelling.
- Any other duties directed by management

The successful candidate will have to cover a driver/labourer when they are on leave or off sick. You will be required to work every other Sunday.

The main duties will include:

- The unloading of fish from boats in Jamestown and Ruperts and deliver to Argos Atlantic Cold Stores Ltd at Ruperts
- The serving of ice, squeezing and fuel to fishing vessels ensuring receipts by fishermen as necessary
- The daily check, operation and cleaning of vehicles including the Hi-Ab truck
- Any other duties as directed by management

The successful candidate must possess all or most of these qualities:

- Must hold a clean, valid driving licence
- Maths & English in GCSE or equivalent
- Experience in cash handling
- Experience and confidence in using ICT applications e.g. (Excel spreadsheets)
- The ability to work under pressure and meet deadlines
- Provide good customer service
- A willingness to work flexible hours
- A willingness to undertake additional tasks and responsibilities as may be directed by the management
- Ability to communicate effectively with people at all levels
- Ability to respect and enforce client confidentiality.
- Must be a self motivated individual, be able to work on own initiative and an effective team player.
- Effective organisational skills and ability to maintain accurate and up to date records.

The salary for this post will commence at **£8,000 per annum** depending on qualifications and experience.

A CV and cover letter will need to be submitted to the General Manager by no later than Monday 16th April 2012.

For more information about the post or for a more detailed job description, please contact the Administration Manager, **Kayla Fowler on telephone number 2430.**

NOTICE BOARD



Foster Carers Wanted

Social Services wish to recruit suitable individuals or couples who would be interested in fostering older children and teenagers. The young person to be fostered must be able to have their own bedroom and preferably they should be the youngest person in your family.

If you are genuinely interested in helping youngsters to develop their potential and have the patience and time for this task then do get in touch.

Remuneration will be made for the right person following assessment and checks. Training and support will also be given.

If you would like further information then please contact Christine Coleman, Social Work Manager, at Social Services, Brick House, telephone 2713

PILLING GOES TO SEA

Pilling Primary Reporters

On Thursday afternoon I went to the Top to Top Yacht. Everyone was excited because they were going to the Yacht. We had to wear lifejackets. Only the year 5/6 went and the year 1/2 but not on the same day.

The Yacht is very interesting. Dario explained everything. If there is no wind they have to wait for the wind to come back. They have four pretty rooms. Their Yacht is pretty. Dario has four children I think. We all had a great time. We even took our shoes off. I felt a little bit sick but I didn't vomit or anything. Our teachers Mrs Williams and Miss Brooks were very excited. I have got something to tell you very interesting do you know they have solar panels and they have a cooker. Sometimes their ovens moves according to the waves. They have an amazing fridge. The yacht is called the "Pachamama". It's very different, the yacht. The reason they are here is that they are trying to keep the beautiful, lovely Saint Helena clean. Dario explained life on the yacht; it's hard at least they have fun on the yacht. They have windmills and a couple of dinghys. They took a picture of the year 5/6. Some of us felt anxious. In the interior Sabine explained how they live and operate onboard. If they want to bath they jump in the sea. On deck we signed our names. When we were going back in the boat Miss Brooks and Mrs Williams were afraid to climb back in the boat. Wow! Everyone aboard and returning ashore full of chatter on what we had seen! I had a great time! Thank you Top to Top.

by **Melinda Mudangwen**

Firstly, when we went to the yacht, Dario (the man in charge of the top to top) explained to us how he first started his mission.....he said that a neighbor he knew had an idea about a top to top environmentally friendly mission and suggest it to Dario, Dario was much obliged and thought that he and his wife should start a top to top mission.

They first started skiing to the tops every mountain they passed, now their sailing a yacht to all of the continents around the world and they did decide to do it environmentally friendly, so instead of using engines or fuel's they are traveling by the wind. They are trying to encourage young people to understand how important are environment is and that we should protect are life and other inhabited.



A little while ago the team visited our school. He gave us a Job to pick up all the litter in are school and collect all the plastic, the class who collected the most plastic would win a tour on their yacht. Three classes won this, I think but are class won one because we got to go on the yacht "Pacha Mama" "it was ecstatic! We got to see what sort of things they do ,and how they cook or how they wash or like how they sleep we got all answers and they were all quite interesting I also noticed the solar panels on the yacht there were how they got electricity hot water because of course they were environmentally friendly, talking about water Dario mentioned that being on a yacht water is quite precious so you have to go sparingly with that, really enjoyed their visit and I was really astonished knowing that on St.Helena had just had a one in only chance in a life time.

by **Chloe Midwinter**

On Thursday 8th March 2012 we went on a trip to the Top to Top yacht (the real name of the yacht was called Pachamamma.) We left school at 1:15pm. When we got down to the sea front we put on our life jackets and we sat on the steps for a photograph. After that we slit up into two groups of ten and one group at a time we went on a little red boat with white strips called the Jubilee.

When we got on the yacht we took of our life jackets and our shoes.

We had to take our shoes of because

they didn't want any germs on the boat because the baby was crawling around. Then the two groups that we

came out into, we had to stay that way. One group went with Dario and showed us the sails, solar system, safety lines and the Anker.

The other group went with Dario's partner and she showed us inside the yacht. They had four cabins and three toilets. She also showed us their cooker. Whenever the yacht rocked the cooker moved. She also showed us the hammock and whenever they leave an Island they full the hammock up with food. Their daughter also likes to rock in the hammock. Dario's partner also told us how they bath. What they do is get in the sea, get back out, soap up, get back in, get back out and throw a bottle of water over themselves. We then swap groups. When we were finish everything we had to sign our names on a piece of paper. When we were finish that they showed us their Dinghy boat, they also have two Kayaks for emergency. When we was done see the dinghy boat and the kayak we had to put our life jackets and our shoes back on we went back on the same boat we came in and in the same groups.

When we got back to the steps we took of our life jackets. When we were taking of our life jackets a big wave came and it soaked our feet, socks and shoes.

I enjoyed it. It was exciting because it was my first time on a yacht and I was not sick.

I ENJOYED IT ALOT
by **Danielle Benjamin**

NOTICE BOARD

20 March 2012

PRESS RELEASE.

CRAFT EQUIPMENT FOR LOAN

The St Helena Art & Crafts can offer equipment on short-term loans to crafters to assist them in their production, thanks to a grant from the Bank of St Helena Community Projects Fund. The equipment includes:

- Lace Bobbin Winders;
- Sewing Machines;
- Daylight Magnifying Lamps (helpful when doing fine embroidery or other detailed work).

Thanks are also extended to Richard James International for their assistance with the ordering and shipping of the equipment. Any crafter interested in borrowing any of the above items should contact Mrs Olive Brown, Secretary A&C on 2814 or call into the Centre any Saturday in April to discuss their craftwork and use of the equipment to assist their production.

'NEW WAYS FLAX' PROJECT - FLAX TRAINER ARRIVING IN OCTOBER

The A&C Association in collaboration with AVES, SHDA and Tourism have funded the "New Ways with Flax" project which has allowed for a trainer to come from New Zealand to St Helena in October. The trainer Veranoa Hetet, is a renowned Maori craft worker and contemporary artist who under the project aims will endeavour to:

- work with and train local crafters in new ways of using flax;
- Incorporate techniques into St Helenian traditional crafts,
- look at new craft products and designs.

The project is being managed by AVES, Mrs Kerry Yon, the project manager. The A&C Association wishes to thank AVES, SHDA and Tourism for their support of the project. There has already been very positive interest expressed in this project and we look forward to welcoming and working with Veranoa.

ARTS & CRAFTS AGM

Notice is hereby given that the Art & Crafts Association will hold its AGM on Tuesday 24th April 2012 at 7.30pm at AVEC - there will be a Guest Speaker to introduce the evening and light refreshments will be served after the meeting. We are always on the look-out for new contributors as well as volunteers to help with opening of the Centre and we also need to find a new Treasurer - can you help? Please let us know!

Mrs Cathy Hopkins

Chairman



Come along and Support

St Helena's Market Day

Consulate Hotel Gardens

Saturday, 31st March 2012

From 10am to 2pm

STALLS ON THE DAY INCLUDE:

G-unique, SHAPE, Derek Henry, St Helena Arts & Crafts Association, Moonbeams, Roddie's Chicken Farm, Ruth Pridham, Representation from SPCA, Baptist Church, St Helena Distillery (Paul Hickling), Audrey Constantine, Peter Mott, League of Friends, The Scouts, The Salvation Army and The St Helena Yacht Club

DEMONSTRATIONS ON WOOL SPINNING FROM SHAPE!

ALL ARE WELCOME!

contact Christina at the Tourism Office on 2158 or email development@tourism.gov.sh



GOING THROUGH THE MOTIONS

Sharon Henry (SHBC)

Legislative Council (LegCo) started last Thursday (22 March) in the Court Room, Jamestown, under the watchful gaze of the gilded framed painting of the Royal Coat of Arms.

With twelve papers to be presented, sixteen questions and eight motions to be discussed this promised to be a marathon session. High on the agenda was the approval of the Appropriations Bill (the Budget) 2012, talk of reductions in Directorate budgets, 'Deep Dive' reviews and the new Enterprise St Helena department that is currently being set up. There were no public members present and as usual the proceedings were transmitted live over Radio St Helena.

A lot of information can be found during the LegCo sitting, some more interesting than others. One of the questions asked was what was the delay in building Government Landlord Housing? This is one of the many issues of concern within the community. Building of any new housing falls under the Crown Estates Directorate headed by Gavin George. The short of the answer given was that there is no delay. Other than asking if £350,000 funds were still available for new housing to which the answer was 'yes', there were no follow up questions from Councillors. The follow up questions Councillor Gunnell had anticipated and prepared for didn't get asked.

I am not sure how far £350k will go given the construction prices nowadays. The new housing that was referred to include a bachelor's flat in lower Jamestown, two at Levelwood as well as a two bedroom unit. Another two bedroom unit at Deadwood and a three bedroom unit at Ladder Hill. There are proposals in the pipeline for two extra flats in Jamestown

and three, two bedroom units in Levelwood. On top of this £1.1m will be spent over the next three years to upgrade the existing housing units. There are 52 people currently on the Government Housing waiting list.

There were other issues that came up, all worthy of a mention, and me being a novice to the political arena I'll touch briefly on a few.

The establishment of a poverty line on St Helena is proving difficult. Information received through household surveys cannot be relied upon as people do not fully disclose their sources of income. Income figures are significantly understated compared to figures given of expenditure that is significantly higher.

The new Tax Bill was approved with incentives to make St Helena attractive to business investors on island and overseas. These include investment tax credits whereby eligible businesses will get a 15% reduction on their tax bill and accelerated depreciation that gives businesses the ability to write down assets an extra 20% in the first year. The £7,000 personal allowance remains in place. Councillor Isaac commented 'there are two things in life you must do, pay taxes and the second, you must die!' Another subject directly affecting us all at the moment is the reprioritisation of the Health & Social Welfare (H&SW) budget. A reduction of £182,000 representing a saving of 5% will be made by the closure of country clinics, efficiencies in pest control (although assured no drop in services), reduction in refuse collection, home to duty transport of staff and stopping the day care centre at the Community Care Complex. A further £200,000 savings have been identified through a 'Deep Dive' review although a formal report is not ready these will be made by efficiencies in energy consumption, staffing, transport, drug procurement and disposal of assets. H&SW's budget is in the main taken up with medical referrals. Roughly £870,000 has been spent on over 80 people from April 2011 to now, and goes well over the budget of £542,000. This budget has been given a £74,000 cut. Let's



hope we have healthier citizens in 2012/13!

Economic development is SHG's top priority and private sector growth was a key standing point of the DFID DAPM team earlier this year. A new body 'Enterprise St Helena' is being set up with £687,000 that includes funding allocated to Tourism and SHDA and will all come under the same umbrella. This is in response to the fourth condition set out in the MOU to open the island's economy to investment and to increase tourism.

The Appropriations Bill 2012 was approved following two days of scrutiny and debate after Paul Blessington the Financial Secretary delivered his last Budget speech focussing on the opportunity for St Helena to gain financial independence. He warned that although we continue to receive strong financial backing from UK Government it will not be 'a bottomless pit'. The outcome and feeling amongst Councillors over the last four days was generally positive and was reflected in the Adjournment Debate. There was also much sadness in the Court Room as Councillor Michael Benjamin (pictured) announced his resignation from LegCo due to health reasons.

NOTICE BOARD

MIKE & JANE DURNFORD HOUSE SALE



3 double bedroom modern bungalow with 23ft lounge, dining room, kitchen, family bathroom and separate wc on 1/3rd acre plot of landscaped and terraced gardens with spectacular ocean view at Lower Cleughs Plain. Modern fittings throughout including solar panel.

Can be sold fully furnished or unfurnished subject to negotiation.

For more information please contact Mike or Jane on 3500 or e-mail; durnford@cwimail.sh

New!
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 and other
 treats...perfect for gifts
 on any occasion.

New!
'Roped In'
Collection

Necklace & earrings
 designed & wrapped in
 silk cord to form a
 stunning finish!


G-Unique Designs
Made with U in mind

Jewellery created on St Helena Island



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Craft Day 31st March
Consulate Hotel
10-2pm

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14 KM FOR CHARITY

Sinead Green (SHBC)

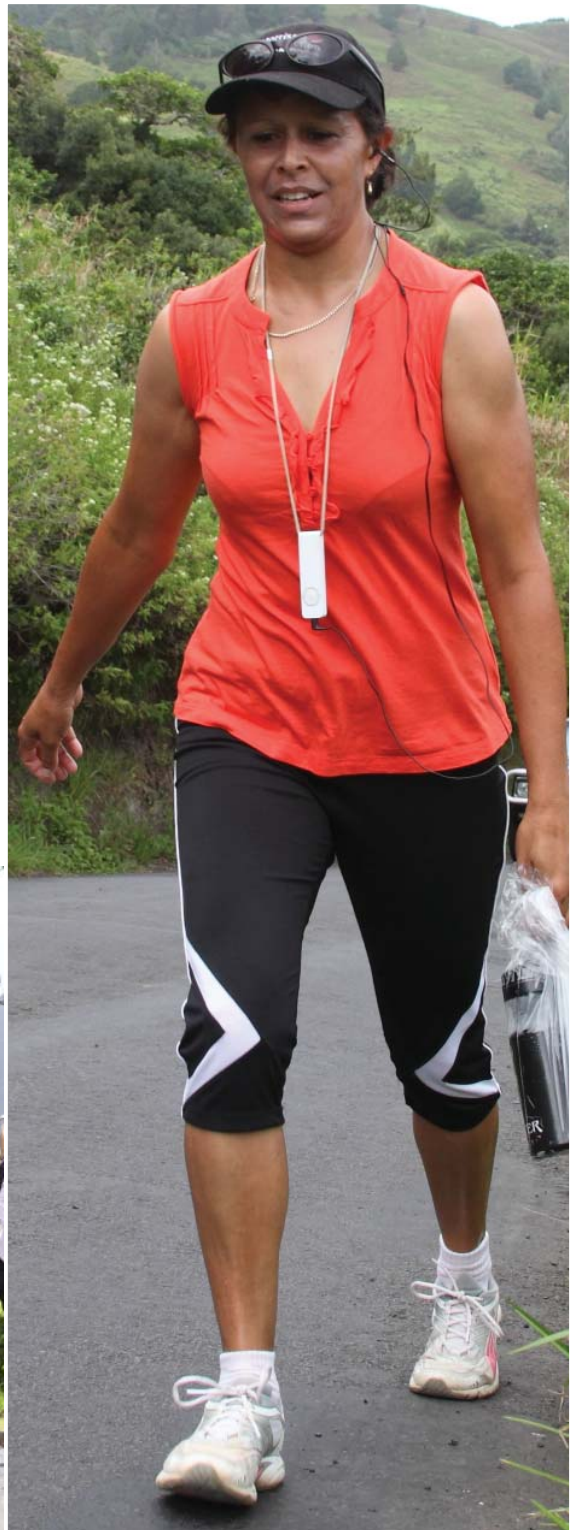
Sunday 25th March, The St. Helena National Support Trust along with St. Helena Friends United

organised a sponsored walk in support of families for Capetown medivac's .

Gathering around 10:15, forty four members of the public congregated behind the pavilion ready for the fourteen kilometre walk. Starting at Francis plain- W road- Gordon's post- Hutt's gate- Halley's mount- W road and back to Francis Plain.

Nicky Stevens youth leader welcomed everyone to the fund raising event and

steep incline got participants into their first test of the walk, this was not an obstacle for many as they continued with a strong pace well ahead of the group. Throughout the walk a support vehicle patrolled the course making checks to see if anyone needed water or felt sick and couldn't continue. After completing one steep road this quickly led on to another. Making my way to the Dungeon junction and looking back across to the previous side of Lemon Tree Gut, I could still see walkers strong out on the road. On reaching the Dungeon junction I was met by a lovely gush of breeze whipping from across the fields, this helped me to cool down from the rather humid conditions of the day. Having some downhill made



gave a reminder as to the route of the walk. Dax Richards started off the race, running 15 minutes later than scheduled, all participants got off to a stampeding start.

On the start of Francis plain road the strong walkers started to pull ahead making a quick getaway, whilst others decided they would rather take a slower walk rather than racing to the finish line. Approaching W road the

the walk a lot easier on the legs, and gave walkers a chance to 'make a run for it' as the saying goes. Down through Woodlands gave a clear view of the more eager participants pushing way in front towards Gordon's Post. Large overhanging branches at the Rural Retreat gave shade from the sun.

From Gordon's Post out to Napoleon's Tomb road was a mild incline

that caused a few deep breaths and the urge of wanting to take a few minutes break. Stopping though, would have made it much harder to continue the journey after and I would have easily lost my position. Alarm Forest was cool and with heavy wind spells blowing from the hills of Levelwood made the walk more enjoyable. Few participants even stopped for a loo break. These public toilets have only

Continued on page 19

NOTICE BOARD



Digital Terrestrial Television Project update-23 March 2012

In October 2011 we promised that we would provide an update on the new digital TV service for St Helena – 2nd Generation Terrestrial (DVB-T2) television service – which will allow us to rebroadcast 15 uninterrupted channels. Much progress has been made over the last months:

- C&W Networks staff has continued to install network equipment in preparation for the visit of the systems integrator who will commission the network. This is scheduled for April 12.
- The central control and distribution equipment to be located at The Briars has now completed in-factory integration testing and is being shipped to St Helena.
- We are in the final stages of concluding our agreement with our Content Service Provider. Once the final agreement has been signed we will be able to provide customers with exact details of programme content and indicative subscription costs.
- As part of the DVB-T2 project we plan to extend the television signal coverage to Rosemary Plain, Guinea Grass, Trap Cott and Southern areas. We are currently seeking planning permission approval at the best optimum site to install network equipment at Rosemary Plain and maximise on coverage.

Customers may be pleased to know that all UK standard PAL-I television screens will be compatible with the new digital system. Although it will now only be possible to watch a single channel at any one time, customers with existing coax distribution cabling will still be able to enjoy television viewing of the same channel at all of their existing television distribution outlets.

The new digital system also offers a Parental Control facility. This gives parents and guardians direct ownership for the programmes that their children view.

We will be keeping our customers informed of the progress of the project via the local media and our website www.cwi.sh as we approach the implementation and launch of the new DVB-T2 system.

Hensil O'Bey
Chief Executive, St Helena
Cable & Wireless South Atlantic Ltd

Registered in the Falkland Islands No. 13482
Registered Office, Ross Road
Stanley, Falkland Islands
FIQQ 1ZZ

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operating in 38 countries around the world.

NOTICE BOARD

Continued from page 17

been fitted last year.

Just under an hour into the walk, I reached St. Mathews church at Hutt's gate where Sunday church goers watched as walkers passed by and shouted to many walkers they knew. Halley's Mount passed quickly and it was all downhill from there, the support vehicle still doing it's rounds for the day. One young person made use of the truck as they were not able to complete the walk, but they still did a great job having a go at it.

On completing the walk through the winding roads of the Milking Pond I was back onto the Dungeon road. The final stretch of the walk continued back through Lemon Tree Gut and W road. Francis plain road felt like the longest road of the walk thus far.

On arrival back at Francis Plain things had taken off with many members of the public along with children enjoying the fun day organised by the St. Helena Cricket Association. Signing the register signalled the walk was finally completed.

It was a great experience and for a very worthy cause. I personally felt that many more members of the public out there could have taken part.

A big well done goes out to all those who took part and big congrats to Andrew Plato who came in first place. It also goes to show that age is just a number as Cyril Henry AKA Sue, sixty seven years old came in at 7th place. All walkers were back in 2hrs 50 mins.

At the moment £559.03 has been banked, and there are still 18 more sponsor papers to be handed in.

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HAPPY SHOPPING!!!



CHANGES TO REFUSE COLLECTION SCHEDULE

With effect from 1st April this year, there will be changes in the number of refuse collections in the outlying areas of the island. These changes have come about as a result of the need to operate more efficiently within the resources available and affect the Longwood and Half Tree Hollow areas. Collections in Longwood will take place on Mondays only and collections in Half Tree Hollow will take place on Tuesdays only.

All other services will not be affected. Details of island-wide collections are indicated below.

Health and Social Welfare Directorate, 19 March 2012

MONDAY Jamestown – Domestic householders, Shops & Bars, Briars, Rupert's.

Two Gun Saddle, Sea View, Gordon's Post, Rural Retreat, Woodlands, Longwood Road, Deadwood, Longwood Hangings, Millfield, Blackfield, Longwood Avenue, Colt Sheds, Piccolo Hill, Ropery Field, Bottomwoods, Bradley's

TUESDAY Hospital, Shops & Bars in Jamestown, Ladder Hill, Half Tree Hollow including Clinic Drive, HTH Spar, Cow Path, Clay Gut, New Ground, Donkey Plain, Sapper Way, Plantation, Red Hill, Scotts Mill, Francis Plain.

WEDNESDAY Luffkins, Thompson's Wood, Blue Hill, Barren Ground, Horse Pasture, Sandy Bay, Green Hill, Rock Rose, Bellstone, Levelwood, Hutts Gate Reservoir.

THURSDAY Hospital, Shops & Bars in Jamestown, Cleughs Plain, Trap Cott, Guinea Grass, Thompson's Hill, Farm Buildings, Kunjie Field, Scotland, Sunny Side, Pouncey's, White Gate, Windy Point, High Knoll, White Wall, Knollcombes, Browns Hill, Dungeon and Halley's Mount

FRIDAY Jamestown – Domestic householders, Shops & Bars.

NOTICE BOARD



Chamber Business

Newsletter of the St. Helena Island
Chamber of Commerce
Issue 15
March 2012

In this issue

- Land Development Control Plan
- Media on St. Helena
- Income Tax (again)
- Enterprise St. Helena
- **AGM**

Land Development Control Plan

The LDGP has finally been steered through two thorough sessions of public consultation, with the organisers doing more than ever before to get everyone's questions and concerns aired and answered.

Of course, the Chamber's members have their own particular opinions about the new LDGP, but the Chamber Council has also attempted to represent the private sector's collective view with a submission that included quite a number of points, many of them shared. The submission is available for members on the website.

Media on St. Helena

In the previous Newsletter, we reported that the President, Stuart Moore, would assume the Chamber's seat on the board of the St. Helena Broadcasting (Guarantee) Corporation (or SHBC for short).

Since then, the Membership (i.e. the effective owners of the corporation) has also moved into the voluntary sector, with the withdrawal of the founding member (the Attorney General) occurring as planned. Along with other voluntary organisations, the Chamber is now also a Member.

A community-owned media organisation is a new concept for St. Helena, and we will be eager to see it prosper alongside other private sector media offerings.

Income Tax

SHG have issued another set of proposed changes to the Income Tax regime. Several people have suggested that this is SHG simply correcting the mistakes of the first two changes, but this isn't the case. SHG have always explained that the changes will be brought in with a phased approach, and this particular set of changes is almost all good news for businesses, including reduced Corporation Tax, accelerated depreciation, rollover of accumulated losses and much more that is clearly designed to make St. Helena a more attractive proposition for

businesses to start up and be sustainable in a changing world.

Enterprise St. Helena

You will, no doubt, have come across the term "Enterprise St. Helena" which is to be a new non-governmental organisation to lead SHG over the uncharted roads from a predominantly SHG controlled state to a private sector led economy, with tourism at its heart.

In a sense, it is a tricky thing to pin down, as the group will be independent of SHG, yet a major part of its mandate is to make things happen in SHG. Its other major function is to develop and support the private sector, much as SHDA has done to date, but with a much more concerted focus on development.

The defining document is the Economic Development Plan (or EDP) and we would recommend it as required reading for any entrepreneur, big or small, eyeing the opportunities for business on St. Helena.

The well-developed rapport between the Chamber and SHDA should translate directly to a high degree of cooperation between the Chamber and Enterprise St. Helena in the coming months.

Annual General Meeting

The AGM this year will be held at the Consulate Hotel on:

Thursday 5th April at 7.30pm

The coming years, up to the opening of the airport (and beyond), are going to be an exciting time for the private sector, and the unprecedented level of influence that the Chamber has built up over the last few years will only increase, as SHG rely more and more on new investments and existing small businesses to make sure that the island's economy is prepared for the future.

So, whether you want to get involved at the Chamber Council level, or simply as a member, come and join us at the AGM to play your part.



St. Helena SPCA

Animal Welfare The Five Freedoms



Consider these five points. These freedoms should be experienced by ALL animals, regardless of whether they are pets or livestock.

1. *Freedom from hunger and thirst* – by ready access to fresh water and a diet to maintain full health and vigour;
2. *Freedom from discomfort* – by providing an appropriate environment including shelter and a comfortable resting area;
3. *Freedom from pain, injury and disease* – by prevention or rapid diagnosis and treatment;
4. *Freedom to express normal behaviour* – by providing sufficient space, proper facilities, and company of the animal's own kind;
5. *Freedom from fear and distress* – by ensuring conditions and treatment which avoid mental suffering.

As islanders we all are responsible for ensuring animal welfare on St. Helena is protected. If you look at the points above, not all of them are experienced by all animals on the island. Think about your attitude to animals and those of the people you know. Mind-sets need to improve if we are to be considered as a civilised society by the international community.

Contact us: spca@cwimail.sh

SPCA Warden, Julie Balchin: 4369

Out-of-hours Veterinary Emergency Call-out
number: 6162

LIFESTYLE & CULTURE

FOOD GLORIOUS FOOD...

Barbara A George

I am passionate about food! I come from a family of very good cooks both on my maternal and paternal sides – say the names: Hilda Knipe, Freddie “Dover”, Rene “Cookie” Ellick and Laura Sylvester and most of the older folk on St Helena will know just how good they were at cooking and baking. My Grandmothers – Louisa Gardiner and Caroline Sylvester instilled within their children such a passion for good food.

Having worked as a Cook/Housekeeper in the UK and as Teacher of Food and Nutrition, both in the Secondary Selective School and at Prince Andrew School, I have maintained my interest in food over the years and I still am adventurous in my cooking (ask my family and friends). I enjoy making the occasional wedding cake for family members and my ex-students and baking for charitable causes.

While I cannot always find every ingredient for a particular recipe on St Helena, I have learnt to adapt recipes by using what is available locally – I believe a recipe is a guideline for adding subtracting, evolving it – that is part of the pleasure. I try to always have a variety of herbs growing in pots and spices in the food cupboard. I have just been successful with growing Trinidad Scorpion Moruga chillies; they are lethal!! The hottest in the world! Check it out on the internet. If anyone would like to try one, please let me know.

One of my favourite recipes is Sweet & Sour Fish. I make a sauce, a tempura (batter) for the fish and combine them just before serving. I first did this many years ago after acquiring a taste for Chinese food. I found recipes just for Sweet & Sour Pork or Chicken but could not find pork tenderloin or chicken breasts readily available on St Helena. I decided to use fish instead and I have made this with recipe using wahoo and also tuna. There are many different recipes for a sweet and sour sauce but I particularly like this one:

Sweet & Sour Tuna or Wahoo

1. ½ - 1 kg of Tuna or Wahoo
2. 1 batch of Tempura: ½ cup cornflour,
½ cup plain flour,



1 egg and ¾ cup cold soda water – I have used just cold water but it is better with soda water)

3. Sweet & Sour Sauce:

2 Tbs Vinegar (any brown vinegar will do)

2 tbs Tomato Puree

2 tbs Orange Juice

2 tbs Soy Cause

2 tbs Dry Sherry

2 tbs Sugar

1 tbs Cornflour blended in 4 tbs Water

2 tbs pickles (any type; I tend to use Mild Mustard)

½ - 1 red or green pepper, slices (optional)

Small amount of chilli or chilli sauce (optional)

2 tsp peanut oil (any other cooking oil will do)

1. Cut the tuna into small cubes and set aside.
2. Make the tempura by sifting the two flours into a bowl, adding the egg and beating with a small hand whisk or a fork and then adding the soda water gradually until you have a nice batter.
3. Heat some cooking oil in a frying pan until very hot. Place tuna pieces in the tempura and pick up with a slotted spoon or tongs and shake off excess batter, then place in the hot oil and fry on all sides until golden brown. Do not overcook. Set aside on a plate on top of some paper kitchen towel to absorb any oil.
4. For the sauce, mix the first seven ingredients together in a bowl. Cut pepper into slices, and chop the pickles if they are large; not necessary for mild mustard pickle. Heat the oil in a small saucepan, add pickles and pepper and stir fry for 1 minute, pour in the sauce mixture and stir until thickened and piping hot when it is ready for use.
5. Add the tuna in batter to the saucepan with the sauce and stir through until well coated and piping hot. It is now ready to serve and goes well with rice or noodles.

NOTICE BOARD

BE A PART OF.....



CARNIVAL

2012!

COMING TO THE STREETS OF JAMESTOWN THIS OCTOBER.

EXPERIENCE THE ATMOSPHERE.....JOIN IN THE FUN.....WATCH OUT FOR MORE INFO ON THIS EVENT

***SUPPORTING YOUR LOCAL CANCER CHARITY**



APPLICATIONS FOR DEVELOPMENT PERMISSION

NOTICE IS HEREBY GIVEN that applications have been received in respect of the following proposals:

1. Proposed change of use from car port to lounge adjacent to the property of Anita Magellan, Barrack's Square, Jamestown.
2. Proposed change of use from store to offices adjacent to the property of Raymond Herne, Napoleon Street, Jamestown.
3. Proposed erection of a main entrance gateway for the SHDA business units at Ladder Hill, Half Tree Hollow.
4. Proposed erection of photovoltaic street lights at Rosemary Plain, the point at Cow Path, parking area of the Oasis Bar, entrance to Blue Hill Community Centre, near Red Hill bus shelter, Sapper Way near Newpence residence, End of Clinic Drive, Rupert's recreational area, Bus shelter at New Ground, Clay Gut, and Silver Hill Ridge.
5. Proposed new Bank facilities adjacent to the Greenland's property Nosegay Lane, Jamestown.
6. Proposed utility/store room first floor extension adjacent to the property of Valerie Joshua, New Ground.
7. Proposed change of use from single flat to 2 one bedsit units adjacent to the property of Irene and Donald Harris, main Street, Jamestown.
8. Proposed 2 bedroom bungalow adjacent to the property of Martin Joshua, Cleugh's Plain.

Copies of the applications and plans may be inspected at the Planning and Building Section, Essex House, Main Street, Jamestown, Monday to Friday, from 8.30 a.m. to 4 p.m., during the period of fourteen days from the date of this notice.

Any person who wishes to make representations about any of the above applications should make them in writing within that period to the Secretary, Land Planning and Development Control Board Essex House Main Street Jamestown.

Alfred V Isaac
Planning Officer
Email: planning.officer@legallandlands.gov.sh

DATED THIS 29th DAY OF MARCH 2012



LIFESTYLE & CULTURE

Faith Matters



Lt. Coral Yon

Welcome to 'Faith Matters', your weekly reminder that your faith matters greatly.

This is a wonderful opportunity for each of us from the different Churches to share with you. Over the coming weeks I encourage you to check out this page of the Sentinel where you will embark on a journey packed with messages of inspiration, hope and encouragement. A journey where you will read all about the people and stories of the Bible and how they impact our lives today. I pray that as you read you will be uplifted, challenged and motivated to live out your faith where it matters in every day and every moment.

Since this coming Sunday is Palm Sunday I would like to share with you my thoughts on John Chapter 12 verses 12 - 13

John 12:12-13 - The next day the great crowd that had come for the Feast heard that Jesus was on his way to Jerusalem. They took palm branches and went out to meet him, shouting, "Hosanna! "Blessed is he who comes in the name of the Lord!" "Blessed is the King of Israel!" (NIV)

There is always something wonderful about Palm Sunday. Many of us celebrate by waving palm branches in our churches just the way the people did at the triumphal entry of Christ into

Jerusalem. We sing songs with the words "Hosanna" in them, and we get ourselves into a jubilant and expectant mood. In many churches it is almost a party atmosphere.

Most of us don't associate with what the symbols really mean. The word "Hosanna", when translated from the Greek, means "Save us, we beseech thee." The palm branches were used to show the sovereignty of a head of state. No wonder the Pharisees were so upset with the people for shouting "Hosanna!" and waving palm branches. The people expected this person entering Jerusalem to deliver them from the cruel oppression of Rome and to reinstate the line of David on the throne of Israel. The Pharisees were afraid of Roman retaliation and maybe even a little afraid for their positions and jobs.

Little did they realize that they were on the right track. The deliverer had come to them, but not in the way they had thought. The King of all kings had come, but not in the way they expected.

Hindsight is so wonderful. Now we can look back and say to ourselves, "How could those people not have realized just who this was, riding into their midst on the back of a donkey?" We know who this man is who is coming meekly on the back of a donkey. His name is Jesus and yes, we know the importance of what is happening.

So even today it is important that we still wave the palm branches and shout hosannas. We need to acknowledge that we have been delivered by the King of kings, that He is King over all and the King of our lives. He alone is worthy of all worship and praise. So this Palm Sunday and everyday let us welcome into our Churches, into our lives, and into our hearts, the Saviour of the world. Let's worship Him, Crown Him Lord of our lives. Let's wave our Palm branches with joy because the Lord reigns and all is well.

Let's share a prayer together: Lord Jesus, as we celebrate this Palm Sunday, help us to realize and also to believe that we are doing something very spe-

cial. Help us to welcome you as the Saviour of the world. Also help us to stay with you for the next week as we see and feel the agony of the cross and the glory of the Resurrection. Bless our families Lord and all those we love on this island and across the seas. Wrap your arms of love around each one of us and keep us all safe. Amen. Take care and God bless.

SCOUTS

First Jamestown Scouts had a change of programme this week, as the planned rifle shooting in the Moat had to be cancelled at short notice. Instead we reverted to plan B which involved going for a refreshing swim from the landing steps. Everyone struck out towards the Needle's Eye, and it wasn't long before there were plenty of splashes as the Scouts plunged into the water from the rocks above the Eye.

Remember that your Scout Draw tickets must be handed in by this Friday.

Next Tuesday, Scouts will be playing Tennis, so bring along your raquet and tennis balls. Bring along money to cover your April Scout subscription and bus fare.

Paul Blessington - Scout Leader



SPORTS

The Great Dane

Damien O’Bey (SHBC)

Levelwood C and Jamestown Z did battle in the 1st semi-final of the 2012 St. Helena Cricket Association’s (SHCA) Knock-out tournament.

Favourable weather and a quick outfield made for ideal batting conditions. Jamestown Z won the toss and elected to bat. Opening batsmen Jamie Essex (55) and Dax Richards (26) started their team’s innings in fine style. After just 3 overs the duo accumulated 34 runs. Tight bowling from Sanjay Clingham and Delroy Leo stemmed the flow of runs. Dax was caught by Ross Leo at mid-off and Jamestown Z lost the rest of their top order as Jamie continued to battle, eventually being dismissed after dragging a Greg Coleman delivery onto his stumps. Andrew “Ica” George(30 not out) strode to the crease for the final overs of the Innings. Playing an array of attacking shots, he and partner Colin Thomas amassed 43 runs in 3 overs, taking their teams total to 172 runs for the loss of 5 wickets. Dane and Shavone Leo finished the innings with a pair of wickets each.

Buoyed by “Ica’s” innings, Jamestown Z took to the field and was off to a flyer. Gibby Young struck twice in an over which saw Levelwood C Captain Darrel Leo’s (0) leg stump rooted, Anders Bowers take a fine catch at first slip to dismiss Shavone Leo (0), and the game swing in Jamestown Z’s favour. Greg Coleman (30) and Delroy Leo (52) rebuilt the Levelwood innings. Delroy was caught at cover by Dax. With the weight of his team’s hopes and aspirations on his shoulders Dane Leo (41 not out) produced the innings of his life. Needing 18 runs off the final over Dane produced a series of lusty blows which saw him strike 3 fours and a six to see his team over the finish line and into the final of the knockout tournament.

In semi-final 2 Sandy Bay A looked to defend their title against Half Tree

Hollow A. Producing a less than convincing batting display, the boys from Sandy Bay were bowled out for 90 runs in 14 overs. Brothers Mark Isaac (15) and Darren Isaac (13) top scored in their innings. Schalk Wonech (5/37) was the standout bowler for Half Tree Hollow A. Paul Crowie and Colin Hercules took 2 wickets each. Half Tree Hollow A’s batsmen faced a comfortable run chase. Greg Phillips (18), Tris Moyce (43) and Mike Araujo (16 not out) scratched off the score with ease. Austin Fowler finished the innings with a pair of wickets.

Levelwood C and Half Tree Hollow A will contest the 2012 Knockout Final on the SHCA presentation Day this coming Saturday 31st March. The game starts at 12 pm. Be there.

HARFORD PRIMARY, CHAMPIONS 4 YEARS RUNNING

Damien O’Bey (SHBC)

Primary Schools Athletics Day was officially opened by the new Director of Education Mr Colin Moore.

In a short, inspiring speech, he welcomed everybody to the event and wished all schools the best of luck. Under starters orders from Mr Christen Yon the day’s first events began.

The chants of “Come on Harford” “Go Pilling” and “St. Pauls, St Pauls”,echoed around the playing field, as students from each school aspired to run, jump or throw their way into the record books and take home the honour of 2012 athletics day champions.

As the sun rose, so did the temperature and the level of intensity. Competitor’s sought shelter under gazebo’s erected on the field. The will to win was evident from the expressions of sheer determination

displayed on the children’s faces as they sprinted towards the finish line.

The mid-morning results were announced, St. Pauls Primary opened up an early 2 point lead fromHarford Primary, although bringing up the rear Pilling Primary were just 3 points behind and still in touching distance of the cup.

This year’s Primary School Athletics Day was organised by Pilling. Responsibility for organisation of the event is rotated around the 3 primary schools. Miss Elaine Benjamin Pilling Primary’s Head Teacher said, “I’m happy with how the day has progressed so far.”Father Dale Bowers who is also a parent “admired the effort of the parents and volunteers Pilling School had gathered to help run the event.”

By lunchtime defending champions Harford had reeled in St. Pauls and edged out a lead over the other 2 schools. Refreshed and replenished following theshort break for lunch, competitors returned to the track to do battle in the day’s final events. The students of Harford Primary *Picture*d continued to give 100% and won enough of the remaining events to see them take home the title of Primary School Athletics Champions, for the fourth consecutive year.

There was an impressive amount of spectators on Francis Plain. Proud parents and interested members of the public gathered on the terraces watching St. Helena’s future athletes. If one of the students showcasing their athletic prowess today were to transfer their talents from the local to the global stage, the level of support shown by the public at Francis Plain on Weds 28th March will need to be continued as student’s progress from primary school age into adulthood.



SPORTS

GOLF NEWS

24 Players took part in the first round of the Arnold Flagg Challenge Cup on Saturday 24 March 2012. After the first round, players leading the field were, Peter Bagley and Brian Yon on nett 65. Roy Reynolds, Ray Crowie and Cecil Thomas on nett 71. The two-ball pool was shared between Leon Crowie with an eagle (2) on the 10th, Shotty Green scored a (2) on the 1st. Paddo Johnson and Peter Francis both on the 7th.

On Sunday a few players dropped out, leaving 19 players. Eventual winners were; In first place was **Peter Bagley with a 65 and a 70 totalling 135**. Followed very closely by Cecil Thomas who shot a marvellous round of nett 66 (playing of 14) nett score of 137. In third place was Jeff Foxy with a 72 and 68 nett score of 140. The two-ball pool winners were Shotty Green with another (2) on the first hole. Leon Crowie 2 on the 5th, and Ray Crowie scored a (2) on the 7th. Well done to all competitors. A big thank you to Mrs Patsy Flagg for presenting the prizes and for providing a delicious tea (Some lovely home made rolls).

Coming this weekend :

Sat 31 March: 18 Hole Bogey sponsored by Mrs Eileen Wallace
Sunday 1 April : 18 Hole Monthly Medal.

VOLLEYBALL

This year's league is drawing to a close with only another three games remaining. There is close competition for first place and runners-up between the undefeated Thundercats, Ballsy Ladies and Saints Served Hot teams.

Thundercats undefeated record remains following Sunday's matches despite agreeing to play two matches on the one day. Merle Peters was nominated as Lady of the Match from both games which puts her as a strong contender for our Player of the Season award.

The first round of our Knockout has concluded. The semi-finals will continue after the Easter weekend on 15 April between Saints Served Hot and Ballsy Ladies and Thundercats and All Star Hot

Shotz.

Four teams have registered for our District Tournament which is due to start at the end of April. These include Jamestown, HTH, St Pauls and Alarm Forest.

**Results**

Sunday 25 March

Thundercats 2 - 0 Crazy Daisies

(25/12, 25/12)

LOM: Merle Peters (Thundercats)

Serve-ivors 0 - 2 Ballsy Ladies

(14/25, 18/25)

LOM: Giselle Richards (Ballsy Ladies)

Thundercats 2 - 0 Fusion

(25/6, 25/6)

LOM: Merle Peters (Thundercats)

Fixtures, Sunday 1 April

2.00pm

Thundercats v Ballsy Ladies

Umpired by: Saints Served

Hot/ Serve-ivors

2.30pm

Fusion v All Star Hot Shotz

Umpired by: Thundercats/

Ballsy Ladies

3.00pm

Saints Served Hot v

Serve-ivors

Umpired by: Fusion/ All Star

Hot Shotz

BLUE HILL SKITTLES FINALS

The Blue Hill Community Association 6-a-side Skittles League and Knockout Competitions were concluded on Saturday 17th March with the Singles and Mixed Doubles finals followed by the presentation of trophies. In the Mixed Doubles Knockout final Andy Timm and David Reynolds emerged as Champions with a score of 120 beating Ann Andrews and John Cranfield into the Runners up spot with score of 110.

In the Ladies Singles Final, after beating Lorrian Yon 61 to 64 in the Semi Final. Wendy Constantine went on to beat Sylvia Philips in the Final 49 to 61.

In the Gents Singles Final Toby Constantine scored 71 beating John Cranfield with a score 53.

Dr Corinda Essex presented the cup and trophies as follows. League Champions Six Pak Captained by John Cranfield with 19pts and winners of the Donald & Fredrica Youde League Cup.

Runners Up Lucky Strikes Captained by Pat Le Breton 16pts. Bessy Peters of the Movers & Shakers made a clean sweep of the individual trophies claiming the trophy for ladies highest average of 57.66 whilst John Cranfield won the Gents highest average with 59.1

Other individual trophy winners were as follows.

Ladies highest score Bessy Peters 70

Gents highest score Pat Le Breton 81

Ladies highest spare Bessy Peters 17

Gents highest spare Tris Moyce 25

Most spares (Ladies) Bessy Peters 5

Most spares (Gents) David Reynolds 9

The evening was rounded off with music for dancing provided by Wilson Knipe, Roger Williams and John Cranfield.

JAMESTOWN COMMUNITY CENTRE
Skittles Season 2012, Six-a-Side

19 March

Super Sport 6 - 367

L. HSc. Stasia Plato - 62

G. HSc. Dougie Henry - 66

L. HSp. Stasia Plato - 16

G. HSp. Leon Plato - 17

Bandits - 397

L. HSc. Wendy Plato - 79

G. HSc. Luke Johnson - 82

L. HSp. Wendy Plato - 15

G. HSp. Luke Johnson - 18

21 March

Veterans - 320

L. HSc. Patsy Francis - 58

G. HSc. Charlie Young - 64

L. HSp. Patsy Francis - 14

G. HSp. Charlie Young - 9

Who Cares - 359

L. HSc. Deborah Benjamin - 55

G. HSc. Toby Constantine - 74

G. HSp. Alan Benjamin - 16

Punishers - 326

Jennifer Andrews - 60

Paul Williams - 59

David Reynolds - 59

Jennifer Andrews - 15

Paul Williams - 13

Wipes & Shakers - 328

Sophie Peters - 54

Terry Lawrence - 62

Terry Lawrence - 14

Oldies but Goldies -309

Norma Osborne - 51

Gavin George - 61

6 Pak - 356

Ann Andrews - 56

Larry Clifford - 64

Tris Moyce - 15

John Cranfield - 15

Fixtures:

16 Apr: Punishers v Bandits & Alcometers v Oldies but Goldies

18 April - 6 Pak v Veterans & Never Readys v Wipes & Shakers

continued from back page

the game. "In 2008 I couldn't even hit or bowl." However, influenced by fellow team mate as well as a youth worker at New Horizons, Gareth Johnson, he developed his skills rapidly to such an outstanding level that has earned him this selection for the team.

Talking with Jamie about his reaction when selected he said "I couldn't stop grinning!" Similar answers came from everyone I talked to. I asked how he felt playing in an actual tournament Jamie told me "it will definitely let us know where St Helena is with cricketing standards, because they're like the best of the best, you could say, (chuckles) and if we go over there and get 'tuck up' we will know how bad we are here."

Moving to the relaxing part of the trip, on their way home, the team will spend six days in Cape Town, staying in a hostel near the Garden Centre. When asked about spare time Andrew responded with an obvious choice for a teenager, "shopping!" Loads of money is going to be spent on fancy trainers and hoodies. Jamie on the other hand, "no, I want to save to do things to my car" but "going to a stadium would be nice, Table Mountain and an aquarium." For Tris this is an exhilarating experience as it's his first time representing the Island. "First time going to support the Island. My family are very pleased with my efforts. 2002 was the last time I've been off the Island, but I haven't been to Cape Town before. Hopefully we'll get the chance to do a lot of things; not sure if I'll go out on my own as I won't know my way around."

Fitness. The team must be fairly fit, an examination for this is the 'bleep test'. Chatting with Gavin George he explained. "Everyone should be getting to level 8, although not everyone is accomplishing this, due to injury, but everyone is capable." The team's fitness levels is not the main reason why they are eligible to go, he gave me an example. "Tyrell and Sanjay, the reserves, are a lot fitter than some of the team members who are leaving, but their cricketing skills are not at the same level, it is not simply about fitness."

The 'juicy' money questions. Where did the money come from? Gavin said "The St Helena Cricket Association (SHCA) held fund raising events, as well as various donations from businesses, local and offshore." How much? "The trip is costing £24,000 just under £2000 per person. Excluding 4 berths from the RMS St Helena which we had free of charge."

When asked, how will the team prove to the Island that it is worth supporting and sending them again? Gavin replied "A lot will depend on the results, it's already an established sport on Island, there is always an annual season. If we do well, there is a possibility for the team going again, then we will have to continue the training programme, if it doesn't happen there won't be a training programme until pre season, but I'm guaranteeing you, there will be a continuation of the development plan."

Will the team be going again in August? The SHCA has been informed that there is a change to the schedule for the division 2 tournament, moving from May to August this year. Which means, if the team does well, 1st/2nd place in division 3, they'll be asked to stay and move up to division

2. Will this push the squad to give it their all and drive themselves to deliver good results? However, there are always pros and cons to consider. Majority of the squad have jobs, it depends if they can take more time off, and there are likely to be other commitments. Also Gavin told me "the tournament organisers, Africa Cricket Association, funds all travel arrangements for all teams from their home country to the tournament and back again, there is a big but ... they only cover flights, and we do not have an airport. We could go to Cape Town but the RMS will still have to get paid for. The other teams are all flying to Johannesburg on 24th, and flying back on 30th, we however have to stay in Cape Town nine days before the tournament and another six days after. That's a cost! Other countries don't have that expenditure, they are only paying the participation fee of US \$2500"

It's unfortunate we do not have an airport yet, but who knows, in the next 44 months a cricket team could be on one of the first flights out of here.

I asked some of the team on a scale of 1-10, 10 being the highest, how would they rank themselves. Gavin expressed amusement and said "I like to think I'm there on merit, in terms of where I am and where I want to be, I always want to be perfect, but I'll rate myself 7 or an 8." Tris also said "7 or an 8," with slight hesitation, Jamie replied "umm, a 7" and Andrew said "6 to a 7."

Gavin went on to say how the team will make St Helena proud and told them, "boys, we're not going to make the number up, we are going to compete!" He said he is "quietly confident" the team is going to do really well.

Good luck to the squad leaving on the 10th April.

A & D's

Mini Mart

advises customers that on Monday 2nd April the shop will be closed for business from 9am through to 3pm for the purpose of stock take. The shop will therefore open at 3pm through to 7pm. Normal opening hours will resume on the 3rd April. Any inconvenience caused is regretted.

SPORTS ARENA



WE DONT LIKE CRICKET, OH NO ...WE LOVE IT !

Terri Clingham (SHBC)

The Saint Helena Cricket team will be leaving for Benoni, Johannesburg on Tuesday 10th April to participate in the International Cricket Council (ICC) Division 3 T20 Tournament.

The team consists of Dax Richards (captain), Gavin George (vice captain), Andrew Yon, Dane Leo, Jamie Essex, Scott Crowie, Philip Stroud, Greg Coleman, Gareth Johnson, Ross Henry, Damien O'Bey, David George, Anthony Thomas, and Tris Moyce. There are reserves, Tyrell Ellick and Sanjay Clingham, however, they will not travel with the team due to the extra costs and the tournament only allows a playing squad of 14 and 2 officials. They are Simon Green, travelling manager and Mo Mather, level 3 cricket coach. The panel who selected the team was Simon, Nicky Stevens and Jerry Roberts.

They will be competing with 7 other teams: Cameroon,

Gambia, Lesotho, Malawi, Mali, Morocco, Zambia and Seychelles.

The team will arrive in Cape Town on the 15th April staying in a hostel situated in Pinelands; in close proximity to Mutual Park they will continue to train and have practice sessions. A two hour flight on the 24th to Johannesburg, will then see the team play their eight games in a tight programme over five days.

The squad age ranges from 15 to 50 years. Both young and old probably experienced some problems in being away from the Island for a period of four weeks. Speaking with Andrew (Butter-Cup), the youngest member of the team, (15), he said "Mum is concerned about studying for my exams, (GCSE's) that is a vital time in school, but Dad encouraged me and said well done."

Having been off the Island before, Andrew has experienced the 'big world', but this will be the first time travelling without his parents. Is he going to miss them? "Just a little, but I'll be alright, it will be nice to get away for a while," which was a common answer from others as well.

I was surprised to know that Andrew is relatively new to

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